

DIPHENHYDRAMINE (BENADRYL) DOSING

| *WEIGHT IN POUNDS (lbs) and APPROXIMATE AGE* | <u>Allergy Liquid</u> | <u>Chewable Tablets</u> | <u>Adult Caps or Tablets</u> | <u>Maximum Daily Dose</u> |
|---|--|--------------------------------|-------------------------------------|--|
| | 12.5 mg/ 5ml | 12.5 mg each | 25 mg tablet | |
| Under 2 years | Diphenhydramine is generally Not Recommended for Children less than <u>2 years old</u> , unless instructed by a physician. | | | |
| 24-35 lbs 2-3 years | 3/4 teaspoon | ---- | | Maximum Daily Dose is 37.5 mg/day or 3 teaspoons a day |
| 36-47 lbs 4-5 years | 1 teaspoon | 1 tablet | ---- | |
| 48-59 lbs 6-8 years | 1 & 1/4 teaspoons | 1 & 1/4 tablet | ---- | Maximum Daily Dose is 150 mg/day |
| 60-71 lbs 9-10 years | 1 & 1/2 teaspoons | 1 & 1/2 tablets | ---- | |
| 72-95 lbs 11 years | 1 & 3/4 teaspoons | 1 & 3/4 tablets | ---- | |
| 96 lbs and over 12 years & Older | 2 teaspoons | 2 tablets | 1 tablet | Maximum Daily Dose is 300mg/day |

If your child is experiencing a **life-threatening emergency please dial 911** immediately.

Use of weight to select dose is preferred. If weight is not available, then use age.

May repeat dosing every 6 hours until reach maximum daily dose.

If a child appears severely ill, giving Diphenhydramine is NOT a substitute for medical advice. **Please notify Pediatrician if you have concerns.**